Entry Level Hypnotherapy Certification Program "Certified Hypnotherapist"

The National Association of Transpersonal Hypnotherapists (est. 1989) is the largest, transpersonal hypnotherapy membership organization in the United States. Its quality accelerated training programs give it an outstanding reputation for certifying and registering professionals from a variety of backgrounds throughout the United States.

This NATH course is rated at 100 hours (approximately 40 hours in-class and 60 hours outside study) and teaches beginning, intermediate, and advanced hypnotherapy skills. Training includes lectures, demonstrations, experiential exercises, and independent studies.

Tuition & Materials

Tuition is \$1095 and includes a 1 year NATH membership upon and certification upon graduation. A \$395 non-refundable deposit is required to reserve a place in class. Save \$100 if you pay in full 15 days prior to class. Class sizes are limited.

Required Text:

Clinical Hypnotherapy: A Transpersonal Approach

Script Magic: A Hypnotherapists Desk Reference both by Dr. Allen Chips



855-772-0459 for registration

Questions? Linda@NATH.world or Linda@TranspersonalPower.com

Course Outline

History/Misconceptions

Susceptibility/Rapport

Induction Methods

Mind/Brain Testing

Cayces effect

Hypnoanesthesia

Weight Loss

Self-Hypnosis

Deepening Trance

Signs of Hypnosis

Suggestive Therapy

Motivation Structures

Smoking Cessation

"Past Life" Regression

Prof Policy/Marketing

Call 1-800-289-5841 or 540-641-1304 and

Register Today

Certification Requirements

Attendance Requirement: 80% of the approximate 40 in-class hours is required.

Induction Assignment: an induction assignment, which is assigned in class, is due by the last day of class.

Final Exam: an open book final exam given at the beginning of class and is due on the last day of class. It is highly advisable the student reads the course text before the class, if possible.

Research Assignment: a short book report of three to five pages on select textbooks in the hypnotherapy field, due within 30 days of the end of class. Hypnosis dates back to ancient civilizations where its use was included in activities such as fire walking, meditation, and various natural healing arts. Through its evolution, it has proven itself as an effective therapeutic modality. As education in hypnotherapy continues to grow, the trend in our society is one of increased credibility.

After the American Medical Association's endorsement of hypnosis in 1958, there has been a notable expansion in methods and applications. Hypnotherapy cannot be considered a panacea, nor a replacement for proper medical attention, however, it has been proven to produce quick, effective therapeutic changes that are atypical of other forms of treatment.

The uses for hypnotherapy are wide and varied, addressing common psychosomatic problems such as: weight control, smoking addiction, insomnia, fears, phobias, habits, low motivation, anxiety, stress, headaches, and other problems including, but not limited to, memory retrieval, self-image, pain management, sports attainment, performance anxiety, spiritual exploration, and more.

After certification, graduates may choose to synthesize their knowledge and skills with their present profession, or one may conduct a private practice centering on hypnotherapy. Graduates who have found hypnotherapy to be a valuable asset include those in: Medical Professions, Relaxation Therapy, Mental Health, Holistic Health, Metaphysical Research, Business/Motivational, Pastoral Counseling, and more...

Certification Requirements

Participants are required to formally register for the class and attend a minimum of 80% of the 40 in-class hours. In the event of absence, it is the student's responsibility to complete assignments and make up class information by buying and listening to the course CDs. The NATH Certification Program leads the student through entry level and intermediate training and introduces advanced methods within the final segment of the course. The CHt class is rated at 100 hours; a combination of in-class and outside study.

Each participant is required to complete in-class assignments, and an open book exam, which can be downloaded at http://www.nath.world/entry-level-hypnotherapy-certification-and-exam/or it is included in the manual given out on the first day of class. The exam is derived from the primary course text and is graded the last day of class. Each student will also submit a short book report (due within 30 days of class end) Assignments and exams are graded on a pass/fail/incomplete basis (80% or more = Pass). Withdrawals are prorated with class hours/days. Graduates who have met scholastic and financial requirements will receive an attractive certification and may then display "CHt" after their name, or "Certified Hypnotherapist." NATH reserves the unconditional right to grant or deny certification for any reason.

Required Reading: Clinical Hypnotherapy: A Transpersonal Approach \$29.95 Script Magic: A Hypnotherapist's Desk Reference \$39.95

The NATH training manual is given to students on the first day of the course.

Each participant will have several opportunities to experience group and individual demonstrations, and apply hypnotherapy to other participants throughout the course. Training generally includes individual demonstrations, experiential participation, audio/video, lecture, in-class assignments and homework.

Registration, Groups, NATH Membership

NATH reserves the unconditional right to grant or deny admission; however, the institute does not discriminate on the basis of race, age, sex, religion, national origin, or handicap. High school diploma or G.E.D. is required, and some college education is suggested, due to the nature of the accelerated learning format. Group discounts of 10% are available for two or more students.

Students of the entry level program receive a free one-year membership in NATH on the first day of class (a \$70 value) and upon graduation are sent a "Transpersonal Hypnotherapist" certificate, in addition to their "Certified Hypnotherapist" certificate for completing the training.